

Summary of Last Week's Message

**SPIRIT            Romans 8:18-39**

• LIFE AND PEACE FROM THE HOLY SPIRIT. There are a number of reasons people come to a place where the God of Creation is the focus of the life there. When we consider our deepest motives, it is life and peace that we seek. And we think that walking with God as our friend and help is the way to have this.

***“If the Holy Spirit controls your mind there is life and peace..” Romans 8:6***

• REST. The more ideal Christian life is one where the Master walks with us and He deals with the situations that we encounter. Our life should not be one of constant struggle but of mostly a restfulness of love, peace, and joy. One person spoke of it as “living in the double bubble of the Lord’s love and protection.” Hebrews 4:1 speaks of this delightful daily living as “entering into God’s place of rest.”

**The Spirit gives us life and peace:**

-1-By giving us an awareness that God is with us. *“You will keep him in perfect peace whose mind is stayed on you. For in THE LORD is everlasting strength ...O Lord we have waited for You. With my soul I have desired you in the night. Yes, by my spirit within me I will seek you early.” Isaiah 26:3,4,9*

-2- Because we have freedom from the war within our mind -- between our God nature and the sin nature within us.

-3- Because He has power over the things that are threatening my life.

-4- By telling me that God is my Father. *“For his Holy Spirit speaks to us deep in our hearts and tells us that we are God’s children.” Rom. 8:15-16*

• **OUR MIND controls who we are living with and where. Our mind is the switcher—where we focus.**

*“If your sinful nature controls your mind, there is death. But if the Holy Spirit controls your mind, there is life and peace.” Romans 8:5*

• **THE LIFE-GIVING SPIRIT.** He is God, the Spirit Jesus breathed on us when he was raised from the dead. He will be our friend and life and peace giver. John. 20:19 *“If you love me, obey my commandments. And I will ask the Father, and he will give you ANOTHER COUNSELOR, WHO WILL NEVER LEAVE YOU. I am leaving you with a gift—PEACE OF MIND AND HEART.”* John 14: 15-18, 26,27